LCLC WELCOME PACKET - SUMMER 2024

ear Friends,

We are excited that your child will soon come to camp! We look forward to meeting you and suggest that you mutually talk about the items in this Welcome Packet. In your conversations, please highlight the following:

- * Prepare well in advance, taking notice of the items below, before coming to camp.
- * Closely examine your camper's luggage to insure that everything is packed on both the General List and note the 'not permitted' items. Children adapt to camp much easier if they have everything they need.
- * Although infrequent, homesickness may be a challenging issue. Reactions of both children and parents can be in a constructive or unhealthy way, depending on the personality of the individual.
 - Emphasize that your child is "going" to camp rather than "being sent" to camp.
 - Mention things like "I'm so excited for you!" or "Camp will be a great experience" rather than "I'll miss you so much while you're away" or "I can't wait for you to come home."
 - STRONGLY avoid statements like "Call me." "Text me." or "You can come home if you don't like it." Not giving camp a fair chance only compounds the problem for those who have adjustment difficulties. LCLC is a community where we ask everyone to "unplug" for the week. As such, campers are asked not to use phones while at camp.
- * Heighten your child's interest by pointing out some of the exciting things you remember about your camp experience or a similar overnight. Be positive about how <u>you</u> were able to handle being away from home.

A fantastic summer experience is in store for your child! Thanks for choosing to send your child to LCLC!

In Christ,

LCLC Staff

BEFORE COMING TO CAMP

Get ready now and avoid inconvenience later.

- Send the Following at Least Three Weeks In Advance:
 - Full Camp Fee Payment
- Canteen Deposit
- Completed Health Form
- Camp Photo Order
- Parent's Information
- Camper's Letter
- Special Needs Information Form

The check-in process can be significantly shortened if you return these items at least three weeks prior to arrival.

- Full Camp Fee Payment. This can be made via our online portal: https://lclcenter.campbrainregistration.com/ or checks can be mailed to camp.
- Canteen Deposits. There is no need for your child to have cash while at LCLC. Canteen Deposits (camp store) can be made in advance via our registration website
 - Your camper may purchase LCLC clothing or souvenir items during Sunday check-in or Friday check-out. During the week we recommend a maximum of \$20 for the Canteen, which is normally open once a day. This account allows your child to "purchase" drinks, snacks, postcards and stamps.
 - At the end of the camp, you can donate the balance to a designated cause or receive the cash refund.
- Camp Photo Order. You can also place your child's order in advance for an 8"x10" glossy photo of his/her camp program group for \$7.

Please Note

- Health & Examination Form and Medications. New York law requires a current Health Form and Immunization History every year and a Physical Examination within one year of your child's camp experience.
 - LCLC is required to comply with all NY Health
 Department and State regulations. This form is confidential and will be kept on file in the Health Center.
 - Please review the Health & Examination Form instructions carefully to ensure LCLC's ability to provide for your child's medical needs while at LCLC.
- The Health & Examination Form *must be signed by both* a parent/guardian and the Primary Physician.
- <u>All</u> medications, <u>both prescription and over-the-counter</u>, must be accompanied by a written standing order signed by a physician.
 - All prescription and over-the-counter medications must be in the *original container with label* and *directly given to the Camp Nurse* who keeps them in the Health Center and dispenses them at the appropriate times and dosages. If your child requires any medications to be given while at camp, be sure to have your physician complete the appropriate portion of the Health Form as well as the required prescription form.

ARRIVING AT CAMP & CHECK-IN

Early arrival is **not** possible, since staff preparations continue right up until check-in time. Late arrivals may experience some inconvenience because LCLC staff become involved with the program activities after check-in closes.

<u>Please arrive between 2:00 and 4:00 PM Sunday</u> <u>afternoon of your week at camp.</u>

Your check-in may be significantly shortened when you have sent in your forms in advance. Your camper should remain with you throughout the registration process until you say goodbye at the cabin.

- Please park your car in the designated areas. Do not drive up to cabins. Bring with you any balances due, Canteen Deposits, medications, and any other required forms not already returned to LCLC.
- Stop at the Registration Table at the Pavilion, to register your arrival, submit or update your Camper Release, get your cabin assignment, order a photo, make a Canteen deposit if needed and/or pay any balances due.
- Next, go to the Nurses' Table. Every camper needs to be screened in the presence of his/her parent or appointed guardian. Any camper who has not mailed in or updated his/her Health Form, has medications, or has had an illness or injury that occurred since sending the Health Form, will need to clarify these matters with the Camp Nurse.
- 4. **Go to the Canteen** (camp store) in the Dining Hall where you can purchase camp swag prior to going to your cabin. (Optional)
- Return to your car, get your luggage, and take it to your cabin.
 Staff will greet you at the porch and move your camper in to the cabin.
- 6. **Say good-bye**, knowing that you and your camper will have a great week. The quicker the good-bye the easier it is for both you and your child, especially for first-time campers.

DEPARTING CAMP & CHECK-OUT

Please be sure that you have signed and submitted the Camper Release form which lets us know who has permission to transport your child home. Please indicate if a noncustodial parent may NOT pick up your child.

- 1. **Closing Program:** A 30 minute closing program will take place in the Pavilion.
 - * Closing Program Times: *
 - Friday at 4:00 PM for Classic Camps, R.A.T.S.,
 Sailing Camp, Senior High Week, and Night Owls
 - Friday at 10:30 AM for Confirmation Camp
 - Wednesday at 10:30 AM for Mini Camp
- 2. Please park along the road near the Pavilion. After the Closing Program, walk to your camper's cabin, where you can meet your child and collect their belongings.
- 3. **Signing Out**. Children will be released only to the person who has been previously designated by the parent/guardian on the Confirmation Letter. LCLC requires the signature of the person who is picking up your child, including parents'. A fax with the parent's signature will be required if any last minute changes are to be made.
- 4. **See the Camp Nurse**. If you brought medications which you need to take home or have any questions, you need to see the Camp Nurse at the Pavilion.
- Stop at the Canteen in St. John's Hall. You do not need to visit the Canteen if you have chosen to donate your child's remaining Canteen balance to an LCLC purpose.

MORE GOOD THINGS FOR PARENTS TO KNOW ABOUT LCLC

DIETARY RESTRICTIONS: Please contact the LCLC office if your child has any dietary restrictions or food allergies.

Email: contact@lclcenter.org Phone: 716-386-4125

MAIL & PACKAGES. Mail is delivered daily Monday-Friday. Mail for campers is distributed during the dinner hour. Campers are encouraged to write home during the course of their stay. Likewise, a letter from home can be a highlight of a camper's day. It takes two - four days for mail to arrive, so plan ahead! Please address your letters to:

Camper's Name Lake Chautauqua Lutheran Center 5013 Route 430 Bemus Point, New York 14712

For "Bunk Notes" our 1-way email program, sign up on the Summer Programs page of our website.

CAMPER BEHAVIOR. *LCLC strives to provide a safe, Christian community for your child*. Behavioral rules and expectations are covered with campers, often using a covenant method. Intentional malice and willful destruction of camp property results in informing parents of the camper's behavior. Campers will be expected to pay for the repair or replacement of vandalized items.

If LCLC has a concern during your child's session, we will consult with you. On rare occasions, campers may be asked to leave camp before the end of the week. This would be due to the camper's behavior not being in accordance with LCLC's Code of Conduct. In these situations, the camper will be dismissed with no refund and the parent/guardian will be responsible for the immediate transportation of the camper from camp.

NOTIFICATION OF PARENTS. Parent/guardians listed on the Health Form will be notified in the event of any prolonged illness, an emergency which requires off-camp medical attention, or behavioral concerns. If the listed parent/guardians cannot be reached, the other emergency contacts on the Health Form will be notified. During check-out, parents may speak with the nurse about their campers week at camp and any basic health care issues that may have arisen.

| GENERAL PACKING LIST | | | | | |
|--|---|---|---|--|--|
| Please label all items with your full name using a laundry marker, so that you do not lose your personal belongings. | | | | | |
| NECESSARY ITEMS | | | | | |
| | Bible | | Jacket or windbreaker | | |
| | Sleeping bag (preferred) or 2 sheets and 1 blanket | | Flashlight & extra batteries | | |
| | Pillow & pillowcase | | At least 2 pairs of closed-toe shoes (sneakers) or light | | |
| | Warm, comfortable clothes (jeans, 1-2 sweatshirts or fleeces) | | boots (Wearing slip on sandals or flip flops around camp is discouraged!) | | |
| | Raincoat & Waterproof shoes or boots | | Water shoes or sports sandals for swimming, boating, and showers | | |
| | Swimsuit | | Toothbrush & toothpaste | | |
| | Beach towel | | Soap & shampoo | | |
| | Handkerchief/Tissues | | Deodorant & other toiletries | | |
| | Shorts,Tee shirts, short sleeved shirts | | Sunscreen (min. 30 SPF recommended) & sunglasses | | |
| | Underwear & socks for each day at camp | | Retention strap for glasses when boating | | |
| | Pajamas | | , , | | |
| | 1-2 towels & washcloth | | | | |
| OPTIONAL ITEMS | | | | | |
| | Daypack or bookbag | | Laundry bag | | |
| | Postcards, stationery, stamps, pen/pencil | | Clothespins | | |
| | Disposable camera | | Plain white T-shirt to tie-dye or paint | | |
| DO <u>NOT</u> BRING | | | | | |
| Ø | Cell Phones | Ø | Weapons | | |
| Ø | Tablets | Ø | Tobacco/Alcohol Products | | |
| Ø | MP3 or other music players | Ø | Drugs/Drug Paraphernalia | | |
| Ø | Computers | | ~ These items can interfere with the Christian community we try to build during a week of camp. If your camper's cell phone is also their camera, we'll be happy to work out ample time for camera use, however, disposable cameras | | |
| Ø | Electronic Games or Electronics in General | | | | |
| Ø | Expensive Jewelry or Clothing | | | | |
| Ø | Snacks from Home | | the best option. If discovered, the above items will be | | |
| Ø | Knives | | stored during camp and returned to the camper's parent/ guardian at Check-Out. | | |

A Few Summer Camp Policies

- CELL PHONE/ELECTRONIC DEVICES: LCLC believes that one of the valuable qualities of camp is the uninterrupted time away from home and technology. Consequently, campers' use of cell phones/devices for calls, texting, and accessing the internet is not permitted during camp. Please help us by not calling or texting your camper or asking them to call or text you throughout the week.
 - LCLC staff leaders are glad to discuss your child's experience at any time. Routine calls can be made during office hours. During non-office
 hours, please leave a message. Messages are regularly monitored.
- SNACKS: Snack items should NOT be brought from home for your camper. Snacks can be purchased in the LCLC Canteen once each day. Food stored in cabins attracts "critters" such as insects, mice, raccoons and even skunks.
- Climbing Tower: Use of the climbing tower is restricted to campers in 5th grade and older, provided they fit into our harnesses. All campers
 meeting this criteria will be given an opportunity to use the climbing tower during their week of camp.
- LOST & FOUND: LCLC can return any "lost" items upon request, at your expense, within two weeks after your child leaves camp. LCLC is not responsible for lost or damaged items. Any items which are not claimed are donated to charity at the end of summer.
- RULES FOR ACCEPTANCE: Campers are enrolled on a "first come, first serve" basis. Rules for acceptance and participation are the same for everyone, without regard to race, color, national origin, gender, gender expression, sexual orientation, or disability.

SPECIAL PACKING LISTS

The unique activities of the Specialty Camps below require that you bring the following special items other than those listed in the General List. **These Items are strongly recommended.**

| Sailing Camp | R.A.T.S. | | |
|---|---|--|--|
| ☐ Water shoes, sneakers, or sports sandals that will stay wet. This is required, appropriate footwear must be worn when in boats. | ☐ Sleeping bag and its stuff sack, both made from synthetic materials (nylon, polyester). This is far better than cotton sheets or a cotton sleeping bag | | |
| □ A long-sleeve, quick-drying T-shirt for warmth and sun protection□ Sun screen SPF 50 | as cotton absorbs and holds water.Flashlight, good rain/mud boots, extra socks, and an extra swimsuit. | | |
| ☐ Retention strap for glasses | ☐ Larger Canteen Deposit than usual | | |
| Retention strap or clip for your hat, or it will fly away! | Suggested: \$40 - \$45 for RATS. (Because this is a multi-week program, you may need more than the \$20 maximum suggested for other campers.) | | |
| Special Info Questionr Please return at least thr | • | | |
| Campers: Please complete the section below and retur Health Form so that your instructors and counselors wi Don't worry, you don't need to have much—or any—exhave, we'd like to know about it so that we can plan ap | ill know how to make it one of the best weeks ever! xperience to be a sailing camp participant, but if you | | |
| My Name: First | Last | | |
| I have had sailing lessons before. □ No □ Yes Describe your skill: | | | |
| I have had canoeing lessons before. □ No □ Yes Describe your skill: | | | |
| I can sail the following boats by myself: | | | |
| I can sail the following boats with the help of anoth | ner sailor: | | |
| The longest sailing trip on which I've been was miles long. | | | |
| Other information we should know: | | | |
| | | | |

Camper Code of Conduct

To be signed by the camper and parent.

LCLC Summer 2024

LCLC seeks to be a safe, accepting, and inclusive environment for all children. To better ensure this kind of environment is provided, we ask that campers and their parents agree to the following:

Camper Rights:

- 1. To be respected and treated fairly, regardless of differences, by the other campers and the LCLC staff.
- 2. To be safe in all camp settings.
- 3. Not to be bullied by others, either with actions or words.

| · · · · · · · · · · · · · · · · · · · | pectfully, regardless of differences. | | | | |
|--|--|--|--|--|--|
| 2. To behave in a way that does not affect the safety of themselves and or others. | | | | | |
| 3. To be kind, considerate and c | caring to others through actions and words. | | | | |
| Camper Signature: | Parent Signature | | | | |
| Rude: Inadvertently saying or d Mean: Purposefully saying or do | is compared to other unwanted, yet occasional childhood behaviors. loing something that hurts someone else. oing something to hurt someone once or twice. ye behavior, repeated over time, that involves an imbalance of power. This is unacceptable at all times. | | | | |
| | | | | | |
| Camper's Letter To be filled out by the camper. | CAMPERS: To help you enjoy your LCLC camp experience, please complete and return this sheet to LCLC as soon as possible. It will be kept by your counselor or in the camp office and will not be seen by anyone other than the staff. We want you to feel free to share any information that will help us provide you with an enjoyable experience | | | | |

office and will not be seen by anyone other than the staff. We want you to feel free to share any information that will help us provide you with an enjoyable experience while here at LCLC. Thanks! My name is ______ My friends call me ______ My friends call me ______ No I am ___ years old and just finished ___ grade. I am coming to camp for the first time ___ Yes ___ No I am coming to LCLC because ______ What I look forward to doing most at LCLC is ______ What I don't want to do at LCLC is ______ I am excited about _____ I am concerned about _____ I would like my counselor to know this about me ______ Other comments and ideas ______ Your LCLC counselors & staff hope and pray you are as excited about the LCLC summer camp as we are.

Lake Chautauqua Lutheran Center Camper Care Form

We can't wait for you to get here!

The more we know about your child, the better able LCLC will be to meet their unique needs. No matter how seemingly small (nail biting, nervous quietness, homesickness, etc.) or complicated your child's needs are, please complete this online form that can be found at: https://forms.gle/o937HhgoQeqpkMhb8