

# Lake Chautauqua Lutheran Center – Health History and Examination Form

5013 Route 430, Bemus Point, NY 14712. 716-386-4125 This side to be completed by parents.

As per NY State health code, children cannot attend camp without a "health history and examination form" signed by both the parent/guardian AND a licensed physician. NY State health code also requires all campers to have a physical examination **WITHIN 1 YEAR** of the camp program for which they are registered. LCLC has no wiggle room regarding this requirement.

<b>Camper Name</b> _____ Last First Initial mm/dd/yy Birthdate Age Gender
<b>Parent, Guardian, or Spouse</b> (self if over 18) _____ Home Address _____ Address City State Zip Work Phone Cell Phone Home Phone
<b>Second Emergency Contact</b> _____ Last First Day Phone Cell Phone

<b>Insurance Information – Please attach a copy of the insurance card to this form.</b>
Health Insurance Company _____ Phone _____ Policy/ID# _____ Group Plan ID# _____ Name of Insured _____ D.O.B. _____ <input type="checkbox"/> I DO NOT currently have health insurance

<b>Health History</b>
<input type="checkbox"/> Diabetes <input type="checkbox"/> Convulsions <input type="checkbox"/> Fainting <input type="checkbox"/> Hyperactivity <input type="checkbox"/> Seizures <input type="checkbox"/> Headaches <input type="checkbox"/> Ear infections <input type="checkbox"/> Stomach upset <input type="checkbox"/> Emotional stress <input type="checkbox"/> Surgery <input type="checkbox"/> Allergies <input type="checkbox"/> Asthma <input type="checkbox"/> Bed wetting <input type="checkbox"/> Sleep walking <input type="checkbox"/> Other
If yes, please explain _____
<b>Medications:</b> Explain dosage and reason for each medication - or check here for <b>NO MEDS</b> <input type="checkbox"/>
_____
_____
<i>[Please note: NY State health code requires a current prescription/standing order, signed by a physician for all prescribed and over the counter medications. Without this authorization, our Camp Nurses are not able to distribute any kind of medication. See page 2 of this form.]</i>
<b>Dietary Concerns/Activity Restrictions/Other Concerns:</b>
_____
<b>Females Only:</b>
Has this individual menstruated? ____ If not, has she been told about it? ____ If so, is her menstrual history normal? ____

<b>Authorization and Permission to Treat</b>
I hereby give permission to the medical personnel selected by the camp director to provide routine health care, to administer physician authorized medications, to order x-rays, routine tests, treatment, to release any records necessary for insurance purposes, and to provide necessary related transportation for me/or my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization, for me/my child. This form may be photocopied for trips out of camp.
Signature of Parent/Guardian or Adult _____ Date _____
<i>This form is intended to help us provide a safe and enjoyable camp experience. Campers cannot attend camp sessions without a health history and examination form signed by both the camper's physician and parent/guardian. Thank you for your cooperation!</i>

Year Cabin Program Camper Name

# Health History and Examination Form Physician's Page

This side to be completed by a physician.

- NY State Camp Code requires a current prescription/standing order, signed by a physician, for all prescribed and over the counter medications. Without this authorization, LCLC Camp Nurses are not able to distribute any kind of medication. This includes medications as simple as Pepto-Bismol, Calamine Lotion, and Ibuprofen.
- Individuals cannot attend camp without a health history and examination form signed by both the parent/guardian **and** a licensed physician. Youth campers must have a physical examination **within 1 year** of attending LCLC. LCLC has no wiggle room with this requirement.
- A physician's own version of a "Camp Form" may be attached as long as it includes all the information in boxes A, B, & C found below. [ ] Yes, my physician's "Camp Form" is attached.

**BOX A: Camper's Name** \_\_\_\_\_

Examination Date \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood Pressure \_\_\_\_\_

Limitations or Restrictions While at Camp: NONE [ ] YES [ ] \_\_\_\_\_

\_\_\_\_\_

Dietary Needs or Restrictions: NONE [ ] YES [ ] \_\_\_\_\_

\_\_\_\_\_

**BOX B: Immunization History – Please include current dates.**

[ ] MMR or Measles ___/___	[ ] DPT (Diphtheria, Pertussis, Tetanus) ___/___
[ ] Mumps ___/___	[ ] Hepatitis B ___/___
[ ] Rubella ___/___	[ ] Td or Tetanus Booster ___/___
[ ] Varicella/Chicken Pox ___/___	[ ] Polio ___/___

**BOX C: Medications & Medical Needs**

By my signature below, I hereby give permission for the following prescribed and OTC medications to be administered as directed and or needed, to the camper named above according to labels, attached prescriptions, or directions.

[ ] Prescription a. \_\_\_\_\_ for \_\_\_\_\_

[ ] Prescription b. \_\_\_\_\_ for \_\_\_\_\_

[ ] Prescription c. \_\_\_\_\_ for \_\_\_\_\_

[ ] Prescription d. \_\_\_\_\_ for \_\_\_\_\_

[ ] Acetaminophen	[ ] Ibuprofen	[ ] Imodium AD	[ ] Milk of Magnesia
[ ] Midol	[ ] Pseudoephedrine	[ ] Caladryl/Calamine	[ ] Pepto-Bismol
[ ] Cough Drops	[ ] Antibacterial ointment	[ ] Visine	[ ] Benadryl
			[ ] Other _____

**Physician's Authorization:**

Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed \_\_\_\_\_

First Last Initial

Address \_\_\_\_\_ Phone \_\_\_\_\_

Street City State Zip